Ares Age Management: A New Treatment Paradigm

Founded in 2011, Ares Age Management is a full-service Hormone Replacement Therapy Program for men. We are unique because we safely and sustainably conduct all medical diagnosis and treatment through the convenience of email.

Dr. Smith received his M.D. from Tulane University School of Medicine in New Orleans, LA. He completed a residency in Emergency Medicine at Brooke Army Medical Center (San Antonio, TX), and is Board-Certified by the American Board of Emergency Medicine.

He completed his training and certifications in Age Management and Hormone Replacement Therapy at The Cenegenics Institute™ in Las Vegas, Nevada.

A former Green Beret (“18-Delta”) and Special Forces Combat Diver, Dr. Smith developed and fostered a keen interest in physical training and athletic performance early in his military career. By the time he was in his mid-30s, however, he noticed a significant decline in his strength, energy, and recovery. He also noticed increased abdominal fat, decreased libido, and declining sexual performance. Fatigue and mild depression seemed to be constant companions.

Over time, he discovered that many of his former teammates and fellow aging senior special operators were suffering from the same symptoms. The writing on the wall became obvious: he decided to combine his medical and special operations backgrounds in order to benefit the “aging special operator”.

He saw the need for a safe, sustainable, mobile, affordable medical system. One in which he could evaluate, diagnose, and treat his patients, stateside and deployed. One without a “traditional doctor’s office”. And one that could restore the youthful vigor of the experienced special operator.

From this, Ares Age Management was born.